



Flower and Herb Syrup



Rezept für 4

Ingredients

- 1 l water
- 1 kg sugar
- 30 g citric acid (pharmacy)
- 1 unwaxed lemon, washed and cut into slices
- 5 large handfuls of flowers (e.g. lemon balm, basil flowers, roses, etc.)
- or
- 5 large handfuls of herbs (e.g. mint, verbena, dill, sage, etc.)

Method

Bring the water and sugar to the boil. Remove from the heat and add all the other ingredients. Transfer to a sealed container and leave to infuse in the fridge for 3 days. Strain through a fine sieve, pour into clean, sterilized bottles and store in the fridge.