

Kohlrabi in salt dough





Rezept für 4

Ingredients for the salt dough

250 g flour

250 g coarse sea salt

100 ml water

1 egg

25 g charcoal powder

To prepare

Combine all the ingredients and tightly wrap the dough around the kohlrabi. Cook on the hot air setting at 160° C for 60 minutes. Season the goat's quark with lemon and salt.

Anrichten

Cooking level

Preheated

60 minutes | Hot air setting at 160° C